



*A Welcoming Congregation*

# HORIZONS Newsletter of the UNITARIAN UNIVERSALIST CONGREGATION OF PHOENIX

4027 East Lincoln Drive, Paradise Valley, AZ, 85253  
June 2009

## Celebrations of Life

### Sundays

#### 9:30 AM & 11:15 AM

At the end of June we will transition into our Summer schedule. Our minister, Susan Frederick-Gray, will be away during the month of July through the end of August. On June 28th, we will move to one Sunday morning service at 10:30am.

#### JUNE 7 WHY WORSHIP?

Service Leader: Susan Frederick-Gray  
A few people have asked me why I use the word “worship” to talk about what we do on Sunday morning. After falling out of use in Unitarian Universalist congregations, it is now more commonly used. In this ser-

vice, we will reflect on what is meant by worship and what its purpose is.

*This service will include a celebration of Connie Jahrmarkt, as she graduates with the first ever class of UUA certified musicians. She will be honored in the Service of the Living Tradition at our association’s national gathering, General Assembly, in Salt Lake City at the end of June.*

#### JUNE 14 FOR ALL THAT IS OUR LIVES

Service Leader: Susan Frederick-Gray  
We will reflect on the value of service and volunteerism in this service. We will also take this time to honor all our leaders and volunteers who bring life and love to our ministry. Humbled by all it takes to carry out the mission of the congregation, we offer our thanks in this service for those who make it happen.

*The offering this Sunday will benefit Friends of Aster, a long time social action partner of UUCP. Look for more details inside Horizons.*

#### JUNE 21 FOR ALL OUR FATHERS

Service Leader: Susan Frederick-Gray  
In honor of Father’s Day, we will lift up the special role that Father’s have in our lives and reflect on the changing nature of what it means to be a father today.

#### JUNE 28 10:30AM DARE TO LIVE IN THE POWERFUL PRESENT

Speaker: Rev. Dr. Mitzi Lynton  
Rev. Dr. Lynton is a powerful voice for peace; building bridges between people of all faiths, philosophies, cultures and races. Through speaking, teaching, counseling and most recently The Dare2create Show, she assists people in awakening to deeper purpose, calling them to dare2create a life they love...and a world they desire to live in. Dr. Mitzi serves on the board of the Arizona Interfaith Movement, and is active with the Arizona Department of Peace campaign. She is originally

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### Minister's Musings...

(Excerpted from the Annual Report)

What a year! It has been a great delight to be the new kid on the block this year as I have learned the history, the struggles and the dreams of UUCP. The vision first articulated years ago of opening ourselves to the larger community and beginning to affect Paradise Valley and Phoenix community is emerging again as we take stock in our first year of ministry together and look ahead to who we want to become.

I am your fourth minister in about as many years. The three years of interim ministry are by design largely internally focused. One of its purposes is help the congregation identify its vision to clarify which minister you will need to help realize that vision.

Last Spring, your Search Committee came to me with a clear vision for UUCP. One person said, we want to be the "Flagship Congregation of Arizona"—a resource to other congregations. Resource congregations are healthy congregations creating innovative ministries that others look to for best practices. Resource congregations are teaching congregations, sharing what they have learned to help other congregations thrive.

This year we have begun to lay the foundation for this vision. You were already growing tremendously before I arrived and that has continued. Week after week, we filled the park-

ing lot and sanctuary until we needed to have two services to make room for all the people who wanted to be here. In March, the first month of our experiment with 2 services, our average attendance was up over 50% of the previous March. Since September, we added 57 new members. Our music director, Connie Jahrmarkt and I have been working creatively together and trying new things in worship, but always grounded in the desire to have worship be inspiring, moving and matter. Worshipping with you in our Celebration of Life services has been one of the greatest joys of this first year.

All of this growth and enthusiasm has been happening in the midst of very challenging times. This year has marked the worst economic downturn in a generation. We are all living with financial losses or holding heavy concerns for friends and families that are especially struggling. Too, general uncertainty and anxiety is real as we listen to the "green shoots" of good economic news along side continuing job losses. We are carrying a certain amount of heaviness and even fear with us, no doubt. And it is impacting our budget, so far not in devastating ways, but it is a challenge to make cuts at times when the demands for ministry (and space!) are growing.

When the Universal Access Committee first began its work on plan-

ning for ways to make our building more accessible, they had a vision of opening our congregation out to Lincoln Drive, making the entrance visible from the road, fully accessible, inviting and expansive. This is a physical step in realizing the vision of making sure we have a door open to the community—one that we can speak from to impact the community, and one in which we are eagerly inviting the community to enter and experience what we have found here, a community and a religion which is living out love, practicing transformation, and focused on building a beloved, sustainable community within and outside our doors.

In summary, we have a powerful vision, one that we will continue to refine over the next year, despite the challenges we are all facing. We are doing great ministry. We are making a difference. And every success will always bring new challenges. And every challenge is also an opportunity. It is exciting to just begin to discern that horizon before us, of our building facing Lincoln with its open doors, a new parking lot and sign, a wide and welcoming entrance that has room to welcome new visitors, new restrooms to accommodate all people easily, fire safety throughout our classrooms and sanctuary, and a sewer line underneath it all. Looking inside, we see a vibrant program speaking to the hearts and minds of our people, enriching and challenging opportunities for growth in learning for all ages, for building relationships that nurture our lives, for service, justice

## From the Board of Trustees...

work, music and worship. A place that opens minds and hearts, that enriches and ennobles our lives, our work, our world.

This is what I see ahead in the not too distant future. We will stumble along the way, hesitate, and regroup. We will make big strides and little ones. We will begin down paths and have to back track and start again sometimes. It's all a part of the journey. But keeping the vision before us will help guide us along the way.

Thank you for asking me to join my ministry with yours. Thank you for sharing your vision with me. I am deeply humbled by the work we are doing, and will continue to do together.

With many blessings and much love,

Rev. Susan

## From the President...

I can hardly believe how fast the last year has flown by, but I'd like to take the time to note and thank just a few of the members in our Congregation who are stepping down from their roles this year and to welcome those who will be stepping into their shoes in the coming year. Ellie Murphy, who has provided valuable office support and prepared our Sunday programs for the last eight years, is stepping down and will be taking life a little easier—a big thank you, Ellie! Larry Agle is stepping down from chairing the Membership

Committee—which has facilitated phenomenal growth the last several years at UUCP. Laida Restrepo will be the new chair—welcome Laida! Mary Dokes has very ably chaired the Finance Committee for the last three years during which the Finance Committee has achieved the goal of providing timely finance reports, ensuring quarterly statements are issued, and documenting UUCP's financial procedures, as contemplated by the Strategic Plan. Jim Allen is succeeding Mary as Finance chair. Mary has agreed to serve as the chair of the Program Council. Thanks Mary and Jim! Pauline Peverly, Jeff Newman, and outgoing chair, Susan Goldsmith, have finished their terms on the Nominating Committee. During their terms, the Nominating Committee proposed a full slate of candidates to serve on the Nominating Committee itself, the Board, and the Committee on Ministry, two months prior to the annual congregational meeting, as contemplated by the Strategic Plan. Further, as part of the NC, Pauline, Jeff, and Susan have helped to host very successful leadership development days. While leaving big shoes to fill, I have no doubt that incoming members, Donna Featherston, Gene Harvey, and Ann Marie Ciemny are up to the task. Speaking of the Committee on Ministry, Julie Smart, Betty Saylor, and Jesse Hise are cycling off and Terry Simmons, Lani Comp, and Natalie Summit will be stepping in. Welcome!

In a more personal vein, I wish to

especially note the contributions of the three outgoing board members—Gary Ezzell, Sandy Weir, and Donna Featherston—and to thank them. Each has contributed his or her considerable gifts to the work of the Board and the success of UUCP. Donna, along with Board member Susan Morris, successfully chaired the stewardship drive this spring—a big job. Donna has consistently brought calm, thoughtful perspective to sometimes difficult issues. Sandy served as Secretary this year, which entailed participating in executive committee and Board meetings and, not infrequently, collaborating with other Board members to enable the completion of a variety of tasks. Sandy monitored the Board's action items and ensured follow-up so that issues and responsibilities were not overlooked. Finally, it is difficult to overstate Gary's contributions to the Board, both this year and the prior five years. Gary has been a fount of reason, calm, and wisdom on a variety of Board and congregational concerns and welcome mentor to me. While I very much look forward to serving with Elaine (Warner), Jay (Bastani), and Todd (Cruse), I will miss Donna, Sandy, and Gary at Board meetings next year, but I know all three will continue to be deeply involved and committed to our religious community.

Farewell, my friends! Welcome to our incoming leaders!

Sarah Carlson, President

## Greetings from the Music Director...

As I write my annual report I am amazed at how much has happened this year in our congregation and specifically in our music program. Thank you to all who participate and to all who appreciate. This is the stuff of life.

Applause: hmmm... seems as if I've written about this before. Sometimes when something moves you so thoroughly to applause, then you must do it. During worship, applause is the joining of the congregation with the energy of that which inspired the applause. Please do not feel obligated to applaud. Our musicians do what they do as a gift offered toward a more beautiful worship experience. Share with them after the service how much you appreciate the music they bring.

We need musicians to grace our services during the summer. Please call me to volunteer: pianists for hymns, soloists and groups for special music, offertories and postludes. And how about some of you who took the song-leading workshop with Jason Shelton? It's time to utilize those skills.

I you came to our house of worship  
—  
our sanctuary — your voice deserves to be heard.

So the when it's time for congregational singing, sing out!

And a little note: I have been noti-

fied this week that I have passed and completed all my course work for the UUA Credentialing Program. As the first class of graduates in this new program, I and my colleagues will participate in the Service of the Living Tradition at General Assembly in Salt Lake City, UT this June. Thank you to the Board and Congregation for supporting me in this continuing education and especially to Ray Manker who has acted as my sponsor in my home congregation.

Connie Jahrmarkt

## Come to UUCP for a Bluegrass Gospel Sing-Along!

Saturday, June 6, 2p.m. - 4p.m.  
Open to all who want to sing, play a string chordal instrument, or just take a listen, enjoy and learn about ol'-time Bluegrass Gospel from the state of Alabama.

## Whoa! A New Sunday Bulletin? What?!?

You will notice on Sunday, July 5 that our weekly bulletin has been redesigned. In an effort to be “greener” and to contain printing costs, our new bulletin will have a reusable jacket with basic information (our covenant, principals and purposes, staff contact information, etc.). We will encourage visitors to take these jackets home with them, and for regular attendees to leave behind for reuse. The order of service will be an insert that gets updated every week. This will cut printing costs, production time, and be better for our environment!

*You may ask: What about announcements in the bulletin?*

Well, that’s changing too! We will now have a weekly announcement flyer (name to be determined - got any ideas?). This weekly flyer will be posted on the front page of our website every Friday starting July 3 and sent to our email list by the end of the day each Friday. (Have you given the office your email address so you can receive this weekly update?) We will have hardcopies of the flyer available on Sundays for visitors and for those who do not have web/email access.

*Now you are wondering: How do I get my announcements in this new flyer?*

Effective Wednesday, July 1st please email your UUCP weekly announcements to Michele Chavez at [announcements@phoenixuu.org](mailto:announcements@phoenixuu.org) Michele is a free-lance graphic design artist who has volunteered to do this weekly publication. She is a member of our Publicity & Website Committee and we are grateful for her willingness to do this.

*So does this mean Horizons will shrink because we won’t need to put as many announcements in it?*

So maybe this question didn’t really cross your mind...but you’ll be glad it did! Effective with this issue of Horizons we will be removing 4 pages from the publication, and returning to a 16 page layout. With our new weekly announcement flyer we will cut announcements from Horizons, and instead, focus more on articles (think Minister, Board of Trustees, Staff, Renovation, Finance, etc reports). We will start emailing the full newsletter to our email list (Are you sure you the office has your correct email?!) on the last Thursday of every month. If you would like to be removed from the hardcopy mailing list please email Heidi at [administrator@phoenixuu.org](mailto:administrator@phoenixuu.org) (also a great way to make sure we have your correct email in the database!).

## Sunday Morning Office Volunteer Needed

We need someone to help Sunday immediately before the service(s) in the office. While we are on the two service schedule we need someone in the office from 9a.m. to 9:30a.m. and again 10:45a.m. to 11:15a.m. This can be two different people.

When we go back to the one service schedule we will need someone in the office 10a.m. to 10:30a.m.

If you are interested in helping at any of these times (it doesn’t have to be every Sunday!!!) please contact Heidi in the office.

***P.S. Please be sure to attend our June 14th service when a certain someone who is known for her dedication to the office and these tasks will be honored. But shhhh...it’s a secret! ;)***

## "To Seek Knowledge in Freedom..."

### ADULT RE ON HIATUS - BOOK TABLE OPEN!

The Adult RE Committee will continue to stock the book table with materials to inspire and challenge your intellectual and spiritual growth. Stop by to see what's new, and as always, feel free to make suggestions for titles you would like to see stocked.

### YOUNG ADULT SMALL GROUP WORSHIP AND MEETING SCHEDULE

Young adults and their allies (those over 35 years old) will pick-up it's meeting schedule during the summer months whenever Kim is in town (which will be most of June and August). We will meet in Room C at 12:30 for great conversation - and lunch!

## Online classes available through the Church of the Larger Fellowship

The Church of the Larger Fellowship's Online Learning Center is an educational facility that provides courses designed to serve a variety of people—from complete newcomers to Unitarian Universalism who want to learn more about our liberal faith to long-time CLF members who are hoping to deepen their spiritual and ethical lives.

They divide their courses into four categories:

- UU Identity
- Theology and Faith Development
- Spiritual Practice
- Ethics and Social Justice

There is no cost for their introductory courses ("A Chosen Faith Study Guide" and "The New UU"). Other classes carry a \$40 fee, in order to enable them to bring in experts from beyond the CLF staff. Scholarships are at the discretion of each teacher and are administered by their minister for lifespan learning, Lynn Ungar.

Their Online Learning Center provides a class structure in which teachers are able to post class materials and assignments on the site, and students are able to post their responses, which the software then distributes to teachers and participants. Although some classes may include online chats or larger audio files, most class work takes place in email format, and will work for those with slower internet connections. Generally, classes do not require that participants acquire material other than what is available on the Learning Center, although there are some exceptions which are noted in the class descriptions.

Visit them on the web at:  
<http://clf.uua.org/learn/>

### UUCP Book Group

The UUCP Book Group meets every Sunday at 10:45. During June we will discuss "Proust Was a Neuroscientist" by Jonah Lehrer.

Here is the publisher's synopsis:

In this technology-driven age, it's tempting to believe that science can solve every mystery. After all, science has cured countless diseases and even sent humans into space. But as Jonah Lehrer argues in this sparkling debut, science is not the only path to knowledge. In fact, when it comes to understanding the brain, art got there first.

Taking a group of artists — a painter, a poet, a chef, a composer, and a handful of novelists — Lehrer shows how each one discovered an essential truth about the mind that science is only now rediscovering. We learn, for example, how Proust first revealed the fallibility of memory; how George Eliot discovered the brain's malleability; how the French chef Escoffier discovered umami (the fifth taste); how Cézanne worked out the subtleties of vision; and how Gertrude Stein exposed the deep structure of language — a full half-century before the work of Noam Chomsky and other linguists. It's the ultimate tale of art trumping science.

More broadly, Lehrer shows that there is a cost to reducing everything to atoms and acronyms and genes. Measurement is not the same as understanding, and art knows this better than science does. An ingenious blend of biography, criticism, and first-rate science writing, "Proust Was a Neuroscientist" urges science and art to listen more closely to each other, for willing minds can combine the best of both, to brilliant effect.

## "Love is the Doctrine of this Congregation . . ."

- June 7 - 9:30 a.m. - Ice Cream Sunday
- June 14 - 9:30- Water Sunday
- June 21 - 9:30 - Summer Sunday (see article below); second service- nursery open - no class
- June 28 - 10:30 - Summer Sunday

### I SCREAM, YOU SCREAM, WE ALL SCREAM, FOR ICE CREAM - AND WATER PLAY SUNDAY!

Two beloved UUCP Children's Ministry traditions will occur on June 7th and 14th. Ice Cream Sunday is a day full of creativity, mess and fun as we make our own Ziploc bag version of homemade ice cream on the Desert View playground. Donations of toppings are greatly appreciated - all other materials will be provided (Pre-k-6th grade; older children and youth are welcome to assist the younger children). We will have small pools and other fun water toys, games and treats for children Pre-K-6th grade on June 14th. Be sure to bring the kiddos in swimsuits and with towels and sunscreen.

### COOL KIDS TAKE CARE OF THE EARTH - SUMMER SUNDAYS JUNE 21-AUGUST 28, 2009

Note: We will still have two services on June 21; hence, the summer Sunday class will be held at 9:30 a.m. on that date. We return to one service on June 28th (10:30 a.m.) and will continue through August.

Nursery - Ages 0-4 - Room 15  
Cool Kids - Ages 5-10 - Room 10  
Cool Kids or Nursery Assistants - Ages 11-18  
YRUU - 1st and 3rd Sundays for June, July and August (Room C)

In partnership with the Green Sanctuary Committee, Jennifer Hempel and Hannah Roberts will be leading an insightful and fully interactive curriculum this summer about global sustainability. The curriculum is designed for children ages 5 through 10, and it is divided into four sections: Map of Myself: Identity and Culture; Connections All Around: Me, My Food, and My Environment; Woods, Water and Wild Things: Biodiversity in the Forest Stream Habitat; Systems: Problems and Fixes. We will wrap up the summer with a celebration on August 28th.

Older children are invited to assist with the "Cool Kids" program or in the nursery. Please e-mail Kim St. Clair at [redirector@phoenixuu.org](mailto:redirector@phoenixuu.org) to choose days to assist.

We also need adult coverage in the nursery on June 14 as Daniel and Tiffany will be going out of town to celebrate their 1st wedding anniversary! Again, please e-mail Kim if you are able to work in the nursery.

## ARE YOU COMING TO UUCP THIS SUMMER?

We still would like to assess how many children to plan for June, July and August. Please e-mail Kim St. Clair at [redirector@phoenixuu.org](mailto:redirector@phoenixuu.org) for the Doodle link to let us know your plans or to volunteer to assist!

## Yoga Class

Join us for Yoga Tuesdays evenings from 6-7 p.m. in the Johnson Room. Gentle postures integrated with breath and awareness guide us to deeper levels of being.

Rest. Relax. Renew.

Instructor: Mary Engel

[engelm@cox.net](mailto:engelm@cox.net) for questions.

Referrals: Jay Alagia/ Lani Comp

## From the Finance Committee...

The leadership on the Finance Committee is changing. Mary Dokes who has chaired the committee for the past three years is passing the hat to Jim Allen. Jim has been attending UUCP for a number of years and watched his daughter, Celeste grow as she attended OWL, COA, and now YRUU. His background is in science but for many years he has had administrative duties involving the management of budgets. He appreciates the hard and dedicated work of the members of the finance committee and is optimistic that this coming year the UUCP will have a fiscally sound budget.

## Stewardship Update

Did you know you can check the most up to date status of our pledge drive on our website [www.phoenixuu.org](http://www.phoenixuu.org)? Just go to the Stewardship page and you will see the current pledge total. If you have not pledged yet you can also download a pledge form from the site and view our wonderful videos honoring our community.

*Thank you to all those who contributed to the special collection on Mother's Day for Hogar Materno. We collected \$1,137!*

## Would you like a fast, easy, and safe way to help out our UU Congregation?

You can participate in two programs that will raise funds for our congregation without any money out of your pocket.

The first program is called **Community Partners** and is sponsored by Albertsons. All you need to do is have your Community Partner card scanned each time you shop at Albertsons and UUCP will get a 1% contribution on the first \$50,000 we spend and 5% on everything over \$50,000. The cards are available from the congregation office, or from Art Dupont (our new coordinator for these programs).

The other opportunity we have for contributions is called **Escrip**. You can register your Safeway Club Card and UUCP will get a contribution for your spending. To register go to [www.escrip.com](http://www.escrip.com) and use our group ID number 9604354. While you are on the site look at the other ways you can help. If you do not have access to the internet call us in the office Wednesday mornings and we can help. We have been participating in this program for several years but participation has been lagging in recent years; 2006 we received \$1000, in 2007 \$233, and in 2008 \$53.

Submitted by,  
Art Dupont, Rebate Coordinator & UUCP Office Volunteer

### UUCP Financial Update

Fiscal Year - July 1, 2008 - June 30, 2009  
(Operating & EEC)  
as of March 2009

We are about 75% through the fiscal year

Category	Budget	YTD Actual	% of Budget
Pledge Income	\$325,008	\$248,448	76.4%
Total Income	\$654,151	\$548,963	83.9%
Total Expenses	\$687,505	\$553,584	80.5%
Net Income	(\$30,732)	(\$1,998)	6.5%

## Where is Eritrea and Why Do we Care?

During the June 14th service the offering will be donated for the purpose of funding a film project to promote democracy and the rule of law in Eritrea. To understand the importance of this project, you need to know Aster's story:

Since 2001 this congregation has been advocating for human rights in Eritrea, a small country in the Horn of Africa. Eritrean Aster Yohannes found her way to UUCP when Jeff Newman and his family invited her to camp at SAWUURA (Pictures and her story may be found in Annex B.) As a former freedom fighter who spent 11 years in the field fighting for Eritrean independence from Ethiopia, Aster was amazed that Americans camp for pleasure. That weekend we learned that Aster had come to the US to get a degree in marketing to help build her young nation, independent since 1991. Aster told us her husband Petros Solomon, former military leader and high government official had encouraged her to finish her education because she was bright and capable, because she could set a good example for their children and because she could help build their nation. So she made the difficult decision to leave their four young children and came to Phoenix.

In 2001, Eritrea, once considered the hope for democracy in the Horn of Africa, was already suffering at the hands of a president-turned-dictator who refused to implement the con-

stitution or hold elections. Petros and his colleagues tried to implement democratic reforms and the local press carried their message to the people.

On September 18, 2001 under cover of 9/11, Petros and 10 of his colleagues were arrested for demanding democratic reform. All Eritrean newspapers were closed and the journalists arrested. None of these people have been charged, tried, or allowed to see their lawyers or families. Democracy died and the rule of law ceased to exist.

UUCP responded by forming Friends of Aster to help Aster and to advocate for human rights in Eritrea.

In December 2003, after unsuccessful attempts to get her children out of Eritrea, Aster went home to be with them against the advice of everyone who knew her. She was arrested as she stepped off the plane. She has never been charged, tried or allowed to see her children. She, like her husband, remains in prison to this day.

In 2004, Friends of Aster persuaded Amnesty International to issue its first Eritrea Country Report. We lobbied Amnesty and the US Congress to send a "dear colleague letter" addressed to the Eritrean dictator on behalf of Aster and Petros and other prisoners of conscience.

In 2005, UUCP was instrumental in the creation of a public art pro-

ject using a 20 foot container car to call attention to the Eritrean government's use of such containers to house prisoners. We also made a documentary of the project to show on Eritrean Opposition websites. In 2005 and 2007 two of Aster's younger siblings escaped from Eritrea and found their way to Phoenix with the help of Friends of Aster.

Now in 2009, there is another young Eritrean named Semere Kesete benefitting from Friends of Aster with a scholarship for a masters degree in Social Justice and Human Rights at ASU. He has an exciting project which needs the support of Friends of Aster at UUCP. Inspired by the container car documentary, a group of young Eritrean refugees plans to shoot a film of a mock trial of Petros' group, the G11. The purpose of the film is to show the Eritrean people what a justice system would look like if they had one. The film will also point out the strong case of Petros' group and the weak government case. Spearheading this project with Semere is another young Eritrean, Simon Weldehaimanot who spoke at the SAC luncheon in November. The film will be shot the last week in June at the Sandra Day O'Connor Law School by a dedicated group of young Eritreans. As refugees scattered around the world and struggling to make their way and to educate their countrymen and women, these young people deserve our support.

During the June 14th service the offering will be donated for the purpose of funding the film project to

promote democracy and the rule of law in Eritrea.. Please contribute to rekindle the flame of democracy in Eritrea.

For more information and questions please contact Libby Walker libndave@msn.com

## “Getting to Know You”

### ...the Green You

Lots of our UUCP members lead sustainable lives. We want to share some of their techniques and at the same time get to know some of our congregation better. If you would like to share some “green” things that you have found to be successful, please let us know (HarrietWithUUCP@aol.com). Likewise, if you would like to suggest someone else, tell us that, too. Let’s keep the good ideas coming!

This month we’ve spoken with Linda Benson and Uli Boecker.

Both of these people use some similar techniques: compact fluorescent lights; double paned windows; ceiling fans; low-flow toilets and showers; EnergyStar appliances; furniture from consignment stores or estate sales (re-done to suit their homes); tile flooring; washing clothes and dishes with natural products (such as vinegar, baking soda and borax).

Now, as for these two, individually,

Linda has been attending UUCP since last year. She moved to the Valley twelve years ago, coming

from the East Coast (Long Island and Massachusetts). Her life’s most exciting adventure so far is driving cross-country , solo, when she moved west.

Linda points out that you can make substantial changes with very little money -- about the same as giving up a couple of lattes per week. With an energy-saver power strip you can turn off the “vampire mode” electricity on phone chargers, TV’s, VCR’s and computers. Certain software packages track energy used by keeping your computer in “sleep” mode versus turning it off and on again. Linda also closes her east and west window blinds while she is away from home in order to keep out the daytime heat. And, her programmable thermostat saves a lot, too.

Uli joined UUCP eight years ago. Originally from Germany, she lived in Rochester, NY before moving to Arizona in 1993. The most adventurous thing she has done is, after living in the US for 20 years, resuming sailing with her husband.

She is geared toward providing a healthy environment for the whole family. Her guideline is being “Economical, Healthy and Green”. This includes filtering their water; keeping to the minimum of each thing she uses, recycling clothes to Goodwill or Savers; waiting until equipment needs replacing before buying something new; and avoiding pesticides. She says to “Look at what you need; buy to those

needs, not to what the advertisers tell us we need.”

## COMMITTEE NEWS

The Green Sanctuary Committee will not be meeting during the months of June and July. When we resume meeting in August, we will be focused on e-communication (our webpage, blogs, and forums) as well as on green projects with the New Day Center.

## From the Publicity Committee

The Publicity Committee has developed a Request Form for people to use when they want assistance in getting publicity.

We can't guarantee that traditional media will pick up on a news release, but we plan to start using new media such as Facebook, Twitter and blogs, all possible outlets for your news, that we can control.

If you have an event, honor, lecture, exhibit, etc that is associated with UUCP and want to share the news with the outside community, let us know. The paper form is available through the office or it can be requested in electronic form by emailing [publicity@phoenixuu.org](mailto:publicity@phoenixuu.org). We will also post the form on our website under "Documents."



## Unicare

The dynamic director of Desert View Learning Center has added a new title to her list. Little did we know that Piya Jacob is an alchemist who has the magical power to turn drawer clutter into gold! Under her spirited leadership, the "Lend A Hand" sale earned \$1,259.05 for the minister's discretionary fund which will help those who need a hand in troubled economic times. A special thanks to Sally Boyd and Shirley Karas who artfully displayed the wares and to all of those who parted with their buried treasures. Thanks to Heather McLellan for taking all of the leftovers to Savers and Chrysalis' Domestic Violence Shelter "Seconds 2 Go Thrift Store."

Eileen Murphy Melford, Bob Murphy's only sister, died recently in Cambridge, Massachusetts. An active member of UUCP in the 80's, Eileen was instrumental, during that time, in sponsoring the relocation of the Hang Family of Vietnam. She will be fondly remembered by her friends and family.

The Jahrmarkts celebrated the wedding of Richards son, Jon Jahrmarkt to Fernando Encinas in the UUCP sanctuary on May 9th. The ceremony was performed by Rev.

Susan Frederick-Gray and Richard wants us to know that he was especially touched by a message read by Susan, in Spanish, to Fernando's family from Mexico. A reception filled with the joy and love of family and friends was held at the home of Connie and Richard.

Regina Nelms is happy to be at home with a scooter that is a transition to actually walking. We applaud your spirit of endurance, Regina!

Mary Schneider has made a great recovery and is ready to go back to a job she loves knowing that she has a great care-giver for Bob. We hold these friends in our hearts as they deal with life's challenges.

Julie Smart  
Unicare Chair

## Women Spirituality Circle

As in past years the Women's Spirituality Circle will meet in members' homes for the summer beginning Monday, June 15. We welcome women of all ages for friendship, fun and support.

On Monday, June 1 a guest speaker from Chrysalis Domestic Violence shelter will attend our meeting in annex B. Sixty pair of women's and children's undies and 15 pair of flip flops were recently donated to Chrysalis, and we will continue to collect these items during the summer.

For more information please contact Heather McLellan

## The "Great" Outdoor Group

The Outdoor Group would like to extend a special welcome to all newcomers to join kindred spirits on a hike this June. We'll be hitting the trail at higher elevations for a "cool" outdoor experience. Find out details at the hike table in the Sanctuary or contact the folks listed below.

### HIKE: GROOM CREEK LOOP

Location: near Prescott

Date: June 13, 2009

Meeting time: 7:00 a.m. to leave at 7:30 a.m.

Meeting Place: McDonald's - Deer Valley Road and I-17. Note: I-17 may be closed, so take the 101 to 19th Ave. then north to Deer Valley Road. turn left, McDonald's is less than a mile on the left) Length of Hike: 8.7 miles  
Rating: moderate (long, but gradual uphill and downhill with a 1,300' elevation change)  
Leader: Sue Baird  
Suzbaird1@gmail.com

### HIKE: BROOKBANK LOOP

Date: June 27, 2009

Location: Flagstaff

Meeting Time: 7:00 a.m. to leave at 7:30 a.m.

Meeting Place: McDonald's at Deer Valley and I-17.

\*please see note above.

Length of Hike: 6 miles

Rating: moderate

Leader's name: Ron Rohlifing  
the ronster@cox.net

## Traveling 2nd Fridays

FRIDAY, JUNE 12, 2009 7 P.M.  
ANCIENT TURKEY

Presenter: Barbara Cawthorne  
Some of the sights in Istanbul's old town are the Spice Bazaar, Blue Mosque, Hagia Sophia (a masterpiece of Byzantine architecture), and Topkapi Palace. Cappadocia is the region where people lived in rock dwellings from the 10th C. Nearby is a 7th C. underground city used by Christians fleeing Arab raiders. Going through the Taurus Mountains during a blizzard was frightening on the way to the beautiful Mediterranean port city of Antalya. Along the coast there are examples of the many ruins from the Greek and Roman Empires including Ephesus and Pergamon.

If you have any questions about Traveling 2nd Fridays, call Barbara Cawthorne. Join us for this one-hour presentation and discussion.

Everyone is welcome! Remember - MARK your calendars.

## Calendar of Events...

### Monday June 1 2009

9:00 AM Open Art Studio  
7:00 PM Women's Spirituality Circle

### Tuesday June 2 2009

10:00 AM UUCP Staff Meeting  
6:30 PM Job Club

### Wednesday June 3 2009

6:00 PM ARE Committee Meeting  
7:00 PM Choir Rehearsal

### Thursday June 4 2009

6:30 PM Renovation Committee  
7:30 PM Young Adult Group Worship

### Saturday June 6 2009

2:00 PM Bluegrass Gospel Singalong

### Sunday June 7 2009

8:00 AM Music Rehearsal  
8:30 AM Nursery Childcare  
9:00 AM Adult Religious Education  
9:30 AM Celebration of Life Service  
9:30 AM Poetry Coffeehouse  
9:30 AM Ice Cream Sunday  
10:15 AM Coffee Hour  
10:45 AM Book Discussion Group  
10:45 AM Young Adult Group  
11:00 AM Children's Fellowship  
11:15 AM Celebration of Life Service  
12:15 PM Young Adult Group  
12:30 PM Covenant Group

### Monday June 8 2009

9:00 AM Open Art Studio  
7:00 PM Women's Spirituality Circle

### Tuesday June 9 2009

10:00 AM UUCP Staff Meeting  
6:30 PM Job Club  
7:00 PM Amnesty International

### Wednesday June 10 2009

5:00 PM Music Rehearsal

### Thursday June 11 2009

7:00 PM Finance Committee Meeting

### Friday June 12 2009

7:00 PM Traveling Second Friday

### Sunday June 14 2009

8:00 AM Music Rehearsal  
8:30 AM Nursery Childcare  
9:30 AM Celebration of Life Service  
10:15 AM Coffee Hour  
10:30 AM Water Sunday  
10:45 AM Book Discussion Group  
10:45 AM Young Adult Group  
11:00 AM Children's Fellowship  
11:15 AM Celebration of Life Service  
12:15 PM Social Action Luncheon  
12:15 PM Young Adult Group

### Monday June 15 2009

9:00 AM Open Art Studio  
7:00 PM Women's Spirituality Circle

### Tuesday June 16 2009

10:00 AM UUCP Staff Meeting  
6:30 PM Job Club

### Wednesday June 17 2009

5:00 PM Music Rehearsal

### Thursday June 18 2009

6:30 PM Sunday Services Committee



### Sunday June 21 2009

8:00 AM Music Rehearsal  
8:30 AM Nursery Childcare  
9:30 AM Celebration of Life Service  
9:30 AM Sunday School  
9:30 AM Children's Ministry: YRUU  
10:15 AM Coffee Hour  
10:45 AM Book Discussion Group  
10:45 AM Young Adult Group  
11:00 AM Children's Fellowship  
11:15 AM Celebration of Life Service  
12:15 PM Young Adult Group  
12:30 PM Social Action Luncheon  
12:30 PM Covenant Group

### Monday June 22 2009

9:00 AM Open Art Studio  
7:00 PM Women's Spirituality Circle

### Tuesday June 23 2009

10:00 AM UUCP Staff Meeting  
6:00 PM Social Action Committee

### Wednesday June 24 2009

5:00 PM Music Rehearsal

### Thursday June 25 2009

6:30 PM Board Meeting

### Sunday June 28 2009

9:00 AM Music Rehearsal  
10:30 AM Celebration of Life  
10:30 AM Nursery Childcare  
10:30 AM Sunday School  
11:30 AM Coffee Hour  
12:30 PM Young Adult Group

### Monday June 29 2009

9:00 AM Open Art Studio  
7:00 PM Women's Spirituality Circle

### Tuesday June 30 2009

10:00 AM UUCP Staff Meeting  
6:30 PM Job Club

*Minister: Rev. Susan Frederick-Gray* minister@phoenixuu.org  
*Minister Emeritus: Rev. Ray Manker*  
*Religious Education Director: Kim St. Clair* redirector@phoenixuu.org  
*Music Director: Connie Jahrmarkt* musicdirector@phoenixuu.org  
*Membership Coordinator: Kate Otting* membershipcoordinator@phoenixuu.org  
*Administrator: Heidi Parmenter* administrator@phoenixuu.org  
*Custodian: Manuel Gomez*  
*Early Education Director: Jane Armstrong* eecdirector@phoenixuu.org  
*Early Education Teachers: Gail Doug van Der Veen, Kelly Blackson, Jane Sutton, Valerie Bailey,*  
*Nursery Supervisor: Tiffany Mendez* childcare@phoenixuu.org  
*Childcare Providers: Daniel Mendez and Geraldine Mendez*  
*Office Volunteers: Sally Boyd, Bill Parker, Jan Wise, Bernie Hall, Sharon Hise, Julie Smart, Pauline Peverly, Larry Agle, Art Dupont, and Tish Gauntt*  
*Board of Trustees: board@phoenixuu.org*  
*President: Sarah Carlson Vice President: Paula Kulina*  
*Treasurer: Smoot Carl-Mitchell*  
*Trustees: Sandy Weir, Donna Featherston, Susan Morris, Van Lockwood, Cleo Van der Veen, and Gary Ezzell*

## Our Mission

Our religious community aspires to:

- Embrace diversity as we engage in the passionate pursuit of Unitarian Universalist principals;
- Share ministry that promotes lifelong spiritual growth through Service, Worship, Ritual and Education thereby inspiring lives of joy and hope;
- Grow and be effective in the greater community.

-Adopted February 1999

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